

# ATHLETE INFO

## Swiss Parkour Championships 2025

13. & 14. September 2025

XTM Park Payerne VD : [Rte de Neuchâtel 12, 1530 Payerne](#)

**Congratulations for your Qualification to the Swiss Parkour Championships 2025. This document contains the most important information for the qualified athletes. Please read it carefully and if needed, follow the instructions.**

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### What you need to do before the event:

- Confirm your qualification by submitting the following Registration-Form: [LINK](#)
- Join the Athlete Whatsapp-Chat: [LINK](#)

### What is part of your qualification:

- Participation in the competition in the discipline (speed/skill/style) and category (female/male) for which you have qualified.
  - Ticket for the whole Event as described on [SPC25-website](#). Including 1 Meal.
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### Prices

Podiums Disciplines:	Swiss Jam 2026 Weekend-Pass
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	1 <sup>st</sup> Place: CHF 300.00
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Over All Winners:	2 <sup>nd</sup> Place: CHF 200.00
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	3 <sup>rd</sup> Place: CHF 100.00
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### Competition Infos

- General Regulations according to the [SPT Regulations](#)
- Competition Description according to [SPC25-website](#)

## Timetable Saturday

Minor adjustments to the schedule are possible. A definitive schedule will be communicated a few days before the event via the Athlete Whatsapp-Chat.

<b>10.00</b>	<b>Arrival / Get In</b>		
<b>11.00 – 12.00</b>	<b>General Warm-Up</b>		<b>60'</b>
11.00	Option to prep. Speed		30'
11.30	Option to prep. Style		30'
<b>13.00 – 14.45</b>	<b>Speed Final</b>		<b>105'</b>
13.00	Info		15'
13.15	Open Prep		20'
13.35	Prep. Run (No Timing)	According to starting list	15'
13.55	1st Run		25'
14.20	2nd Run		25'
<b>15.00 – 16.15</b>	<b>Skill Final</b>		<b>75'</b>
15.00	Info		10'
15.10	Showing Challenges Stage 1	Via video (online)	10'
15.20	1st Stage (10-15CH)		20'
15.40	Showing Challenges Stage 1	Via video (online)	5'
15.45	2nd Stage (5-10CH)		15'
16.00	Showing Challenges Stage 1	Via video (online)	5'
16.05	3rd Stage (3-6 CH)		10'
<b>16.30 - 18.05</b>	<b>Style Final</b>		<b>95'</b>
16.30	Info		15'
16.45	Ind. Prep of Line		30'
17.15	Women Showcase		25'
17.40	Men Showcase		25'
<b>18.30 – 19.00</b>	<b>Podiums</b>		<b>30'</b>

## Contact

Shemaiah Siegenthaler | +41 78 832 12 96 | shemaiah.siegenthaler@spka.ch