



Swiss Parkour Tour 2022

Scoresheet Freestyle Competition



WOMEN

Name	Rank
Hunt Melanie	1
Abeln Zoe	2
Abeln Sara	3
de Koning Josien	4

Qualifying

			DIFFICULTY				EXECUTION				COMPLEXITY							Rank
			Tricks 1.	Tricks 2.	Run 1.	Run 2.	Flow 1.	Flow 2.	Control 1.	Control 2.	Course 1.	Course 2.	Variety 1.	Variety 2.	Points 1. Run	Points 2. Run	Points end	
Start-Nr.	last name	first name																
1	Hunt	Melanie	3	2	4	3	3.5	4	3	4	2	3	3	3	18.5	19	18.75	1
2	Abeln	Zoe	2	1	3	1	2.5	3	3	4	2	3	2	2	14.5	14	14.25	2
3	Abeln	Sara	2	1	2	2	2	3	1.5	2	2	2	2	3	11.5	13	12.25	3
4	de Koning	Josien	2	1	2	1	2	2	2.5	1	2	2	2	2	12.5	9	10.75	4

Final

			DIFFICULTY				EXECUTION				COMPLEXITY							Rank
			Tricks 1.	Tricks 2.	Run 1.	Run 2.	Flow 1.	Flow 2.	Control 1.	Control 2.	Course 1.	Course 2.	Variety 1.	Variety 2.	Points 1. Run	Points 2. Run	Points end	
Start-Nr.	last name	first name																
1	Hunt	Melanie	2	3	2	1	2	2	3	2	0	2	0	2	9	12	10.5	1
2	Abeln	Zoe	1	1	0	1	0	2	1	3	0	2	0	1	2	10	6	2



MEN

Name	Rank
Ernst Josua	1
Frosch Lukas	2
Lemmenmeier Jessy	3
Tasdelen Mikail	4
Shabanaj Flamur	5
Nowak Niklas	6
Larrazabel Guillaume	7
Schweizer Julien	7
Elzinga Safier	9
Läderach Fabian	10
Stirnemann Noah	10
DiDomenico Eric	12
Patas Zeno	13
Albertus Jesper	14
Gioia Levio	15



Qualifying

			DIFFICULTY				EXECUTION				COMPLEXITY				Points 1. Run	Points 2. Run	Points end	Rank
Start-Nr.	Last name	First name	Tricks 1.	Tricks 2.	Run 1.	Run 2.	Flow 1.	Flow 2.	Control 1.	Control 2.	Course 1.	Course 2.	Variety 1.	Variety 2.				
1	Lemmenmeier	Jessy	4	5	4	4	3.5	3	4	4	3	3	3	3	21.5	22	21.75	1
2	Ernst	Josua	5	4	3	4	2.5	3	4	4	3	2	2	2	19.5	19	19.25	2
3	Frosch	Lukas	4	3	3	3	3.5	3	3	4	3	2	3	3	19.5	18	18.75	3
4	Shabanaj	Flamur	2	2	4	3	4	4	3	4	3	3	2	2	18	18	18	4
5	Tasdelen	Mikail	3	2	3	3	3	3	3.5	3	3	2	3	3	18.5	16	17.25	5
6	Nowak	Niklas	3	3.5	2	3	2.5	3	3	3	3	2	3	3	16.5	17.5	17	6
7	Larrazabel	Guillaume	4	3	2	2	2.5	1	2.5	4	3	3	3	3	17	16	16.5	7
8	Schweizer	Julien	5	4	4	3	3	2	3.5	1	2	2	1.5	2	19	14	16.5	7
9	Elzinga	Safier	2	2.5	2	2	3	3	3.5	3	2	2	2	2	14.5	14.5	14.5	9
10	Läderach	Fabian	2	1.5	2	2	3	2	3.5	3	3	2	2	2	15.5	12.5	14	10
11	Stirнемann	Noah	3	4	1	1	2.5	2	3.5	4	2	1	2	2	14	14	14	10
12	DiDomenico	Eric	1	1	2	1	2	3	2.5	3	2	2	1	1	10.5	11	10.75	12
13	Patas	Zeno	1	1	2	1	2.5	1	3	2	2	2	1	1	11.5	8	9.75	13
14	Albertus	Jesper	0	0	1	1	2.5	3	2.5	3	2	2	1	1	9	10	9.5	14
15	Gioia	Levio	0	3	0	4		3		3	0	2	0	3	0	18	9	15



Final

			DIFFICULTY				EXECUTION				COMPLEXITY						Points end	Rank
Start-Nr.	last name	first name	Tricks 1.	Tricks 2.	Run 1.	Run 2.	Flow 1.	Flow 2.	Control 1.	Control 2.	Course 1.	Course 2.	Variety 1.	Variety 2.	Points 1. Run	Points 2. Run		
1	Ernst	Josua	4	3	5	3	4	3	4	3	0	3	0	3	17	18	17.5	1
2	Frosch	Lukas	4	3.5	4	3	3	3	3	2	0	3	0	3	14	17.5	15.75	2
21	Lemmenmeier	Jessy	6	4	1	2	2	2	4	3	0	3	0	3	13	17	15	3
22	Tasdelen	Mikail	5	5	2	2	3	2	3	2	0	2	0	2	13	15	14	4
23	Shabanaj	Flamur	2	1	2	4	4	3	1	3	0	3	0	2	9	16	12.5	5



Judging system DEC

The judging system will be applied only for the presentation of the runs. In the format combo, the “use of the course” category will not be judged.

Total points for a run: 24 Total points for a combo: 18

Category	Definition	Points
DIFFICULTY	Best tricks + Overall composition	10
EXECUTION	Flow + Control	8
COMPLEXITY	Use of the course + Variety of moves	6

Best Trick: *The harder the tricks and challenges, the higher the score.*
 Overall composition: *Overall, how hard was the composition of the run?*
 Flow: *Be like water my friend, the less stutter steps, the higher the score.*
 Control: *Make it look safe and clean, safety is the most important.*
 Use of the course: *Try to cover as much area to earn the highest points.*
 Variety of moves: *Variety is the spice of life, exceed our expectations.*

4 Formats

Run: *The participants present their combinations of skills and movements in a minimum of 15 seconds and maximum 25 seconds run/line through the course.*

Combo: *The participants present one combination of skills in a minimum 5 seconds and maximum 15 seconds time range. This format allows to go harder in a shorter amount of time.*